



A DOCTOR—AND BESTSELLING AUTHOR—TELLS HOW TO IDENTIFY THE CLINICALLY DISTURBED, MINIMIZE THEIR DAMAGE AND MANAGE YOUR OWN LIFE

Modern permissiveness and the new culture of entitlement allows disturbed people to reach adulthood without proper socialization. In a book meant both for the general public and for professionals, bestselling author and psychologist George Simon explains in plain English:

- How most disturbed characters think.
- The habitual behaviors the disturbed use to avoid responsibility and to manipulate, deceive, and exploit others.
- Why victims in relationships with disturbed characters do not get help they need from traditional therapies.
- A straightforward guide to recognizing and understanding all relevant personality types, especially those most likely to undermine relationships.
- A new framework for making sense of the crazy world many find themselves in when there's a disturbed character in their lives.
- Concrete principles that promote responsibility and positive change when engaging disturbed characters.
- Tactics (for both lay persons and therapists) to lessen the chances for victimization and empower those who would otherwise be victims in their relationships with many types of disturbed characters.

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GEORGE K. SIMON earned his degree in clinical psychology at Texas Tech University. He has studied disturbed characters for 30 years. His previous book, *In Sheep's Clothing: Understanding and Dealing with Manipulative People* has sold more than 250,000 copies and has been printed in four languages. He has appeared on CNN, Fox News Network, and numerous other TV and radio shows. His blogs and websites include www.manipulativepeople.com.